

TROT

Timau Rhedeg Orienteering Taf Running Orienteering Teams

Rhif Clwb/Club No.....

Ffurflen Ymaelodi

Cwblhewch bob adran mewn PRIF LYTHRENAU.

Membership Form

Please complete all sections clearly and in BLOCK LETTERS.

Enw Cyntaf Forenames	
Fyfenw Surname	
Cyfeiriad Address	
Cod Post Post Code	
Dyddiad Geni Date of Birth	
Rhif Ffon Telephone Number	
Os mai TROT yw eich ail glwb enwch eich prif glwb. If second claim, please enter first claim club.	

AELODARTH - TYPE OF MEMBERSHIP

(Gwnewch eich sieciau daladwy i/ Cheques payable to "TROT")

OEDOLYN SENIOR	£25	O DAN 17 UNDER 17	£10
DROS 65 OVER 65	£20	Ymaelodi Cymdeithasol Social Membership	£10
AIL GLWB Second claim club	£10		

Mae'r tâl uchod yn cynnwys tâl cofrestru Athletau Cymru, onibai fod TROT yn ail glwb.

Rhaid gwisgo lliwiau'r clwb ym mhob râs dan reolaeth Athletau Cymru. Deallaf mai ar fy nghyfrifoldeb fy hunan yr wyf yn cymryd rhan ym mhob gweithgaredd fel aelod o'r clwb.

The above fees include the WA fee, except for 2nd claim members

Club colours should be worn in all WA races. I understand that I participate in all activities at my own risk.

Arwyddwyd (Rhiant/gwarchodwr os o dan 16) Signed (Parent/guardian if under 16)		Dyddiad Date	
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Cwblhewch y ffurflen hon a ffurflen gofrestru Athletau Cymru os gwelwch yn dda a'u dychwelyd gyda siec am y swm priodol.

Please complete this form and the accompanying *WA form and return them with remittance to the Secretary:
TROT Membership c/o Felin Pantyderi, Blaenffos, Boncath, SA37 0JA

*Welsh Athletics (WA) forms are available at club nights, which are held each Thursday from 7pm at St Clears Leisure Centre, Station Road, St Clears.